

The Arc of South Norfolk

September-November 2020

Chris Herrick Magic Show

A limited ticket event.

Location: The Arc Backyard

Date: 09/18/20

Time: 4:45PM-6:00PM

Seating at 4:45PM

Show begins 5:00PM

Cost: \$25.00

Registration: 09/11/20

Payment: 09/11/20

Comedy Night

A limited ticket event.

Location: The Arc Backyard

Date: 09/25/20

Time: 5:00PM-8:30PM

Cost: \$10.00

Registration: 09/18/20

Payment: 09/25/20

Bring your own: Chair,
blanket, bug spray.

Pumpkin Decorating & Ghost Stories

A limited ticket event.

Location: The Arc Backyard

Date: 10/16/20

Time: 4:30PM-6:00PM

Pumpkins begin 4:30PM

Show begins at 5:00PM

Cost: \$25.00

Registration: 10/02/20

Payment: 10/02/20

Announcements

Zumba: A cardio-dance workout that uses music and choreographed steps to create a fitness party!

Coordinator: Rasheeda

Date/Time: Weekly on Tuesdays, 09/08-09/29,

4:30PM-5:15PM

Location: Zoom

Cost: \$25.00

Cash accepted. Checks made out to: Rasheeda Faulk.

Registration: Registration and payment due 09/04/20.

Cornhole: A low impact outdoor game which players take turns throwing small bean bags at a raised platform.

Coach: Lisa Donovan

Date/Time: Weekly on Thursday 09/10-10/22, 4:30PM-6:00PM

Location: Backyard of The Arc of South Norfolk

Cost: \$25.00

Cash accepted. Checks made out to: The Arc of South Norfolk.

Registration: Registration and payment due 09/03/20.

Trivia: Test your knowledge of random facts!

Coordinator: Courtney Maynard

Date/Time: Weekly on Mondays, 09/14-10/05,

4:30PM-5:00PM

Location: Zoom

Registration: Registration due 09/07/20.

Social Club: Get to know your peers while engaging in leisure activities like crafts and games.

Coordinator: Kate Kalinoski and Katie Conley

Date/Time: Bi-weekly on Tuesday, 6:00PM-7:30PM

Location: The Arc's Jane Smith Room

Cost: \$5.00 paid each session

Cash accepted. Checks made out to: The Arc of South Norfolk.

Registration: Registration due by 09/22/20.

The Arc of South Norfolk

September-November 2020

Virtual Sports Banquet

The 2019-2020 Sports Banquet will be held virtually due to COVID-19 restrictions.

A video celebrating athletes, coaches, and volunteers will be released this fall.

Registration & Payment

To register for an event please call or email Courtney Maynard. Some events have limited attendance and participation is not guaranteed.

Payments for some events will be required in advance of participation. For questions regarding payment please contact Courtney Maynard.

781-762-4001 ext. 308
cmaynard@arcsouthnorfolk.org

Arc Closures

Closures- 09/07, 10/12, 11/26, 11/27

Weather Cancellations-

For weather cancellations or program updates please call: **781-762-4001 ext. 443**

Announcements

Name That Tune Zoom: Test your knowledge of songs from a variety of musical genres.

Coordinator: Courtney Maynard

Date/Time: Weekly on Monday, 10/19-11/16, 4:30PM-5:00PM

Location: Zoom

Registration: Registration due 10/13/20.

Catch Phrase: Help your teammate guess a word phrase with physical and verbal gestures.

Coordinator: Courtney Maynard

Date/Time: Weekly on Thursday, 10/21-11/18, 4:30PM-5:00PM

Location: Zoom

Registration: Registration due 10/29/20.

Zoom Bingo: Test your chances in a game of bingo.

Coordinator: Courtney Maynard

Date/Time: Weekly on Thursday, 11/5-12/10, 4:00PM-4:30PM

Location: Zoom

Registration: Registration due 10/29/20.

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September 2020 Social and Recreation • Courtney Maynard • 781-762-4001 ext.308 • cmaynard@arcsouthnorfolk.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Softball 5:00PM-6:30PM	2 Softball 5:00PM-6:30PM	3	4	5
6	7 CLOSED	8 Zumba 4:30PM-5:15PM	9 Softball 5:00PM-6:30PM	10 Cornhole 4:30PM-6:00PM	11	12
13	14 Trivia 4:30PM-5:00PM	15 Zumba 4:30PM-5:15PM	16 Softball 5:00PM-6:30PM	17 Cornhole 4:30PM-6:00PM	18 Magic Show 4:45PM-6:00PM	19
20	21 Trivia 4:30PM-5:00PM	22 Zumba 4:30PM-5:15PM	23 Softball 5:00PM-6:30PM	24 Cornhole 4:30PM-6:00PM	25 Comedy Night 5:00PM-8:30PM	26
27	28 Trivia 4:30PM-5:00PM	29 Zumba 4:30PM-5:15PM	30			

The Arc of South Norfolk

October 2020 Social and Recreation • Courtney Maynard • 781-762-4001 ext.308 • cmaynard@arcsouthnorfolk.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Trivia 4:30PM-5:00PM	6 Social Club 6:00PM-7:30PM	7 Our Club 6:00PM-7:30PM	8 Cornhole 4:30PM-6:00PM	9	10
11	12 CLOSED	13	14	15 Cornhole 4:30PM-6:00PM	16 Pumpkins and Ghost Stories 4:30PM-6:00PM	17
18	19 Zoom Name That Tune 4:30PM-5:00PM	20 Social Club 6:00PM-7:30PM	21 Catch Phrase 4:30PM-5:00PM	22 Cornhole 4:30PM-6:00PM	21	24
25	26 Zoom Name That Tune 4:30PM-5:00PM	27	28 Catch Phrase 4:30PM-5:00PM	29	30	31

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Nov. 2020 Social and Recreation • Courtney Maynard • 781-762-4001ext.308 • cmaynard@arcsouthnorfolk.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Zoom Name That Tune 4:30PM-5:00PM	3 Social Club 6:00PM-7:30PM	4 Catch Phrase 4:30PM-5:00PM Our Club 6:00PM-7:30PM	5 Zoom Bingo 4:00PM-4:30PM	6	7
8	9 Zoom Name That Tune 4:30PM-5:00PM	10	11 Catch Phrase 4:30PM-5:00PM	12 Zoom Bingo 4:00PM-4:30PM	13	14
15	16 Zoom Name That Tune 4:30PM-5:00PM	17 Social Club 6:00PM-7:30PM	18 Catch Phrase 4:30PM-5:00PM	19 Zoom Bingo 4:00PM-4:30PM	20	21
22	23	24	25	26 CLOSED	27 CLOSED	28
29	30					