

# Lifeworks

ADVOCACY • EMPOWERMENT • OPPORTUNITY

## Our Club Hip Hop Cafes

Join Our Club on  
**09/24 & 10/22**  
For a Hip Hop Cafe!

**Time:** 7:00p-9:00p

**Location:** Norwood VFW

**Admission:** \$6.00 per person

**\*\*Advanced Registration  
Required\*\***

**Not a drop off event**

**No outside food or drink**

*Please note: Hip Hop Cafes  
may be cancelled due to  
COVID. If cancelled an email  
will be sent in advance.*



**Zoom Bingo:** Test your chances in a classic game of bingo.

**Date:** Weekly on Mondays starting 09/13/21

**Time:** 5:00p-5:30p

**Location:** Zoom

**Registration:** Due on 09/10/21

**Millis Bowling:** Enjoy an evening of bowling and competition with your friends.

**Date:** Weekly on Wednesdays starting 09/22/21

**Time:** 5:00p-6:30p

**Location:** Ryan Family Amusements (Millis)

**Price:** \$4.00 per person

*Cash only. Paid to Ryan Family Amusement.*

**Registration:** Due on 09/08/21

**\*\*Due to increased interest in the Lifework's bowling  
registration does not guarantee participation.**

*Athletes will get an email confirming their participation  
or informing them they have been placed on a waitlist.  
We appreciate your understanding.\*\**

**Social Club:** Get to know your peers while engaging in leisure activities like crafts and games.

**Date:** Bi-weekly on Tuesdays starting 10/12/21

**Time:** 6:00p-7:30p

**Location:** First Parish of Westwood

**Price:** \$5.00 per session

*Cash accepted or checks written out to: Lifeworks*

**Registration:** Due on 09/28/21

## Registration & Payment

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### To register for an event

Call or email Courtney  
Maynard.

Some events have limited  
attendance and  
participation is not  
guaranteed.

### To pay for an event

Payments for all  
programming are required  
in advance.

Cash and checks accepted.  
Checks can be written out  
to: Lifeworks.

781-762-4001 ext. 308  
[cmaynard@lifeworksarc.org](mailto:cmaynard@lifeworksarc.org)

## Lifeworks Closures

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### Closures

09/06, 10/11, 11/25, 11/26

### Weather Line

For weather cancellations  
call: 781-762-4001 ext. 443



**Norwood Bowling:** Enjoy an evening of bowling and competition with your friends.

**Date:** Weekly on Sundays starting 10/17/21

**Time:** 5:00p-6:30p

**Location:** Norwood Sports Center

**Price:** \$5.00 per person

*Cash only. Paid to Norwood Sports Center.*

**Registration:** Due on 10/03/21

*\*\*Due to increased interest in the Lifework's bowling*

**registration does not guarantee participation.**

*Athletes will get an email confirming their participation or informing them they have been placed on a waitlist.*

*We appreciate your understanding.\*\**

**Zoom Trivia:** Test your knowledge of random facts with categories inspired by you!

**Date:** Weekly on Thursdays starting 11/11/21

**Time:** 5:00p-5:30p

**Location:** Zoom

**Registration:** Due on 11/04/21

**Basketball:** A fast paced sport that practices skills such as dribbling, passing, and shooting. Athletes also play in scrimmages.

**Date:** Weekly on Mondays starting 11/29/21

**Time:** 6:45p-8:30p

**Location:** Norwood Civic Center

**Price:** \$35.00 for the season

**Registration & Payment:** Due on 11/15/21



# Lifeworks

September 2021

Social and Recreation

781-762-4001 ext. 308

[cmaynard@lifeworksarc.org](mailto:cmaynard@lifeworksarc.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <b>Softball</b> 6:30p-8:00p	2	3	4
5	6 <b>CLOSED</b>	7	8 <b>Softball</b> 6:30p-8:00p	9	10	11
12	13 <b>Zoom Bingo</b> 5:00p-5:30p	14	15 <b>Softball</b> 6:30p-8:00p	16	17	18
19	20 <b>Zoom Bingo</b> 5:00p-5:30p	21	22 <b>Millis Bowling</b> 5:00p-6:30p <b>Our Club</b> 6:00p-7:30p	23	24 <b>Hip Hop Cafe</b> 7:00p-9:00p	25
26	27 <b>Zoom Bingo</b> 5:00p-5:30p	28	29 <b>Millis Bowling</b> 5:00p-6:30p	30		



# Lifeworks

October 2021

Social and Recreation

781-762-4001 ext. 308

[cmaynard@lifeworksarc.org](mailto:cmaynard@lifeworksarc.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 <b>Zoom Bingo</b> 5:00p-5:30p	5	6 <b>Millis Bowling</b> 5:00p-6:30p <b>Our Club</b> 6:00p-7:30p	7	8	9
10	11 <b>CLOSED</b>	12 <b>Social Club</b> 6:00p-7:30p	13 <b>Millis Bowling</b> 5:00p-6:30p	14	15	16
17 <b>Norwood Bowling</b> 5:00p-6:30p	18 <b>Zoom Bingo</b> 5:00p-5:30p	19	20 <b>Millis Bowling</b> 5:00p-6:30p <b>Our Club</b> 6:00p-7:30p	21	22 <b>Hip Hop Cafe</b> 7:00p-9:00p	23
24 <b>Norwood Bowling</b> 5:00p-6:30p	25 <b>Zoom Bingo</b> 5:00p-5:30p	26 <b>Social Club</b> 6:00p-7:30p	27 <b>Millis Bowling</b> 5:00p-6:30p	28	29	30
31 <b>Norwood Bowling</b> 5:00p-6:30p						



# Lifeworks

November 2021

Social and Recreation

781-762-4001 ext. 308

[cmaynard@lifeworksarc.org](mailto:cmaynard@lifeworksarc.org)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 <b>Millis Bowling</b> 5:00p-6:30p <b>Our Club</b> 6:00p-7:30p	4	5	6
7 <b>Norwood Bowling</b> 5:00p-6:30p	8	9 <b>Social Club</b> 6:00p-7:30p	10 <b>Millis Bowling</b> 5:00p-6:30p	11 <b>Zoom Trivia</b> 5:00p-5:30p	12	13
14 <b>Norwood Bowling</b> 5:00p-6:30p	15	16	17 <b>Millis Bowling</b> 5:00p-6:30p <b>Our Club</b> 6:00p-7:30p	18 <b>Zoom Trivia</b> 5:00p-5:30p	19	20
21 <b>Norwood Bowling</b> 5:00p-6:30p	22	23 <b>Social Club</b> 6:00p-7:30p	24 <b>Millis Bowling</b> 5:00p-6:30p	25 <b>CLOSED</b>	26 <b>CLOSED</b>	27
28	29 <b>Basketball</b> 6:45p-8:30p	30				