

ADVOCACY • EMPOWERMENT • OPPORTUNITY

Our Club Hip Hop Cafes

Join Our Club on 09/30 & 10/28 For a Hip Hop Cafe!

Time: 7:00p-9:00p Location: Norwood VFW Admission: \$6.00 per person

Not a drop off event No outside food or drink



Our Club: Make a difference in your community with your peers while doing volunteer work, advocacy projects, and hosting Hip Hop Cafes.

Date: Monthly on Wednesdays starting 09/28/22

Time: 6:00-7:30pm

Location: Lifeworks: 789 Clapboardtree St.,

Westwood, MA (Jane Smith Room)

Price: \$5.00 per session

Cash accepted or checks written out to: Lifeworks

Registration: Due on 09/14/22

Cash accepted. Checks written out to Lifeworks.

Social Club: Get to know your peers while engaging

in leisure activities like crafts and games.

Date: Bi-weekly on Tuesdays starting 10/04/22

Time: 6:00-7:30pm

Location: Lifeworks: 789 Clapboardtree St.,

Westwood, MA (Jane Smith Room)

Price: \$5.00 per session

Cash accepted or checks written out to: Lifeworks

Registration: Due on 09/20/22

Cash accepted. Checks written out to Lifeworks.

Millis Bowling: Enjoy an evening of bowling and

competition with your friends.

Date: Weekly on Wednesdays starting 10/19/22

Time: 5:00-6:30pm

Location: Ryan Family Amusements (Millis) **Price:** \$5.00 first string, \$1.00 each string after *Cash only. Paid to Ryan Family Amusement.*

Registration: Due on 10/05/22

Cash paid to Ryan Family Amusement.

Registration & Payment

To register for an event

Call or email Courtney Diamond. Some events have limited attendance and participation is not guaranteed.

To pay for an event

Payment for programming is required in advance.

Cash and checks accepted!

Checks written out to Lifeworks. Please write program name in memo.

781-762-4001 ext. 308 cdiamond@lifeworksarc.org

Lifeworks Closures

Closures

09/05, 11/24, 11/25

Weather Line

For weather cancellations call: 781-762-4001 ext. 443

Norwood Bowling: Enjoy an evening of bowling and

competition with your friends.

Date: Weekly on Sundays starting 10/16/22

Time: 5:00-6:30pm

Location: Norwood Sports Center

Price: \$6.00 per person

Cash only. Paid to Norwood Sports Center.

Registration: Due on 09/25/22

Cash paid to Norwood Sports Center.

Due to increased interest in the Lifework's Norwood bowling league **registration does not guarantee participation. Athletes will get an email confirming their participation or informing them they have been placed on a waitlist. We appreciate your understanding.**

Basketball: A fast paced sport that practices skills such as dribbling, passing, and shooting. Athletes also play in scrimmages.

Date: Weekly on Mondays starting 12/05/22

Time: 6:45-8:30pm

Location: Norwood Civic Center

Price: \$35.00

Registration & Payment: Due on 11/14/22 Cash accepted. Checks written out to Lifeworks.

Cornhole Tournament: A fundraising event supporting Lifeworks. Cash prizes for winners, raffle drawings, and great food & beverage for purchase.

Date: Saturday, September 24, 2022

Time: 2:00-6:00pm

Location: Mick Morgan's Irish Pub & Restaurant, 973

Providence Highway, Sharon, MA 02067

Price: \$80.00 per 2-person team

Ways to register:

- 1. Online at https://lifeworksarc.org/event/lifeworksa
- 2. Call Dawna Gyukeri at 781-762-4001 ext. 304
- 3. Mail registration fee to Lifeworks, 789 Clapboardtree Street, Westwood, MA 02090 (include the names of your 2-person team)
- ** Even if you don't plan to play, this event is free to attend join us and cheer on the teams!**



September 2022

Social and Recreation 781-762-4001 ext. 308 cdiamond@lifeworksarc.org

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	CLOSED 5	Drums Alive 5:00p-6:00p	7 Softball 6:00p-7:30p	8	9	10
11	12	13	Softball End of Season 6:00p-7:30p	15	16	17
18	19	20	21	22	23	Lifeworks' Cornhole Tournament 2:00p-6:00p
25	26	27	28 Our Club 6:00p-7:30p	29	30 Hip Hop Cafe 7:00p-9:00p	



October 2022

Social and Recreation 781-762-4001 ext. 308 cdiamond@lifeworksarc.org

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	Social Club 6:00p-7:30p	5	6	7	8
9	10	11	12	13	14	15
Norwood Bowling 5:00p-6:30p	17	Social Club 6:00p-7:30p	Millis Bowling 5:00p-6:30p	20	21	22
Norwood Bowling 5:00p-6:30p	24/31	25	26 Millis Bowling 5:00p-6:30p Our Club 6:00p-7:30p	27	28 Hip Hop Cafe 7:00p-9:00p	29



November 2022

Social and Recreation 781-762-4001 ext. 308 cdiamond@lifeworksarc.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Social Club 6:00p-7:30p	Millis Bowling 5:00p-6:30p	3	4	5
Norwood Bowling 5:00p-6:30p	7	8	Millis Bowling 5:00p-6:30p	10	11	12
Norwood Bowling 5:00p-6:30p	14	Social Club 6:00p-7:30p	Millis Bowling 5:00p-6:30p	17	18	19
Norwood Bowling 5:00p-6:30p	21	22	23	CLOSED 24	CLOSED 25	26
27	28	Social Club 6:00p-7:30p	30 Our Club 6:00p-7:30p			