



- Advocacy • Family Support Center • Family Autism Center •
- Senior Connections Program • William F. Abel Therapeutic Center •
- Social/Recreational Programs • Harbor Counseling Center •
- The ALEC Program • Adult Family Care •



Annual Report Fiscal Year 2018

Committed to providing exceptional supports to people with developmental disabilities, including autism, through collaboration, advocacy and empowerment.

Achieve with us.

A Message from Our President



President's Message

Thank you for being a part of our Celebrating Advocacy, Action & Achievements 2019 Gala. This evening we are celebrating the history and collaboration of both The Arc of South Norfolk and Lifeworks; agencies who share the same mission of supporting and enhancing the lives of people with disabilities. We are honoring individuals we serve, as well as recognizing those who

tirelessly advocate within our communities.

Among those individuals, we are honoring Sammi and Doug Robertson of Bailey's Team for Autism and their Board of Directors. For several years Bailey's Team has supported our Autism Law Enforcement and Education Coalition program (ALEC). They have been instrumental in helping the ALEC program reach a milestone of 41,000 First Responders trained on autism awareness and acceptance.

Also, tonight, you will notice the artwork of talented individuals we serve through the William F. Abel Therapeutic Day Program, the Family Autism Center and Lifeworks either on display or as auction items. On your tables, you will see vases created by staff including designs from our talented artists and flowers donated by the Canale family of Westwood. We are not only

celebrating those talents but, the role that advocacy plays in the lives of individuals with disabilities in securing funding to support those talents within the programs we provide every day.

We are grateful for your presence tonight supporting the 2,400 individuals and families within our community. We are especially grateful to our generous corporate sponsors who have been instrumental to our success,. And, we thank our local, partners and businesses that have donated to our Silent and Live Auctions and to this program book. All the donations we receive will support enhanced programs for the people we serve through both agencies.

Most of all, we are thankful for the courage and dedication of the people we serve and for their families. Our agencies share a 65 year history of being built by families, to support families of the people we serve. We are grateful for this leadership and inspiration.

Thank you again for joining us on this very special occasion.

A handwritten signature in black ink, appearing to read 'Daniel Burke'. The signature is fluid and cursive, with the first name 'Daniel' and last name 'Burke' clearly distinguishable.

Daniel Burke
President & Chief Executive Officer

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Lisa Knox, Director, The William F. Abel Therapeutic Center

Kayla Hanson, Director, Social & Recreational Programs

Brian Clark, Director, Family Autism Center

Susan Kagan, Director, Development

Elizabeth Parker, Director, Human Resources

Adult Social and Recreational Program

Promoting Dignity
and Inclusion



Our Social & Recreation Department offers a variety of adult programs, with a focus on self-advocacy and community integration. We strive to provide meaningful social opportunities that promote an active lifestyle to our 400+ clients, ages 22 and over.

Achieve with us.

The William F. Abel Therapeutic Day Program



Our William F. Abel Therapeutic Day Habilitation Program supports adults age 22 and above with a focus on health and well being at both our Westwood and West Roxbury locations. A highly qualified, compassionate staff works with 156 participants who receive a wide array of services. Individual talents and abilities are encouraged through social and therapeutic activities.

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Family Support Program

Helping Families
Within Their Communities



Our Family Support Program provides guidance and care to the entire family through education, respite, programming, support groups as well as access to private and public services. With our whole-family approach, 445 families have received support and utilized our services in FY 2018.

Achieve with us.

Adult Family Care



In collaboration with MassHealth, our Adult Family Care Program enables individuals with specialized care needs to remain at home with their families and actively engage their communities. We continue to grow, currently serving 30 families!

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Family Autism Center

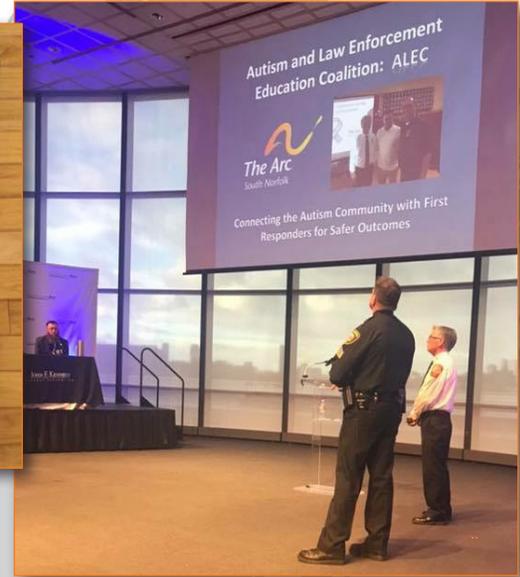


Founded in 1996, FAC is one of seven Autism Support Centers contracted by DDS, currently serving 917 children & adults. We provide a variety of services and programs to meet their individual needs, as well as ensuring our supports extend to our client's entire families. Our Center strives to establish community partnerships and collaborations that benefit everyone.

Achieve with us.

ALEC

Specialized
Services



Through the ALEC program we are fortunate to have been given the opportunity to train over 43,500 First Responders on Autism Spectrum Disorders throughout the US.. Professionals in the field of First Response who have a loved one diagnosed with Autism present to their peers about “best practices” during a crisis involving a loved one with ASD. The program is currently delivering the training in five states. ALEC will expand further as it continues to receive national recognition.

Achieve with us.

Harbor Counseling Center



Individuals diagnosed with developmental disabilities receive behavioral and psychological counseling as well as psychiatric support through Harbor Counseling at a location convenient for them. Harbor Counseling employs 30 clinicians that specialize in Cognitive Behavior Therapy and Expressive Art Therapy. Our community based model serves over 483 adults throughout eastern Massachusetts.

Building Management

Providing Property Management Services in conjunction with Lifeworks, Inc. for office space and two HUD funded residences within the community.

Achieve with us.

THANK YOU to our generous donors who contributed \$1,000 or more to
The Arc of South Norfolk! Your gifts help make a difference!

This list represents gifts received in Fiscal Year 2017, July 1, 2016- June 30, 2017.



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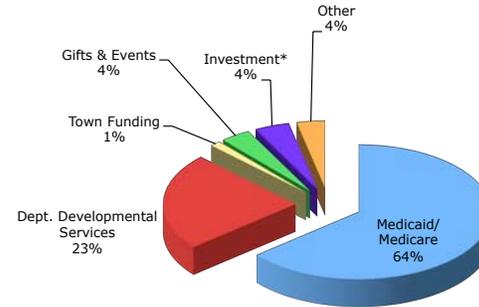
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Fiscal Year 2018 Audited Financials

Revenues

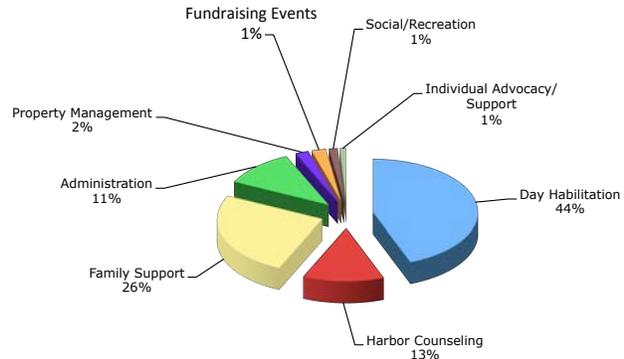
Medicaid/Medicare	\$4,948,338	63.96%
Dept. Developmental Services	\$1,808,427	23.37%
Town Funding	\$100,116	1.29%
Gifts & Events	\$284,134	3.67%
Investment*	\$329,317	4.26%
Other	\$266,861	3.45%
	\$7,737,193	100.00%



* excludes unrealized gains/losses

Expenses

Day Habilitation	\$3,395,149	44.19%
Harbor Counseling	\$960,352	12.50%
Family Support	\$1,960,022	25.51%
Administration	\$861,311	11.21%
Property Management	\$156,163	2.03%
Fundraising/Events	\$170,951	2.23%
Social/Recreation	\$102,903	1.34%
Individual Advocacy/Support	\$75,883	0.99%
	\$7,682,734	100.00%





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Office Hours

Office Hours are Monday through Friday
9:00 a.m. to 5:00 p.m.

Contact Us

For additional information please contact:

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Fax: 781-461-5950

info@arcsouthnorfolk.org

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Westwood, MA 02090

Visit Our Website

www.arcsouthnorfolk.org