



- Advocacy • Family Support Center • Family Autism Center •
- Connections • William F. Abel Therapeutic Center • Adult Family Care •
- Social/Recreational Programs • Harbor Counseling Center •
- Autism Law Enforcement and Education Coalition (ALEC) •



Mission Statement

Committed to providing exceptional supports to people with developmental disabilities, including autism, through collaboration, advocacy and empowerment.

Annual Report Fiscal Year 2019

A Message from Our President



President's Message

Dear members and partners of The Arc of South Norfolk,

Throughout our 65-year history, we have made it a priority to design programs that both involve community members and reflect the self-advocacy of our constituents. The Family Autism Center began at the request of families and is now one of the seven Autism Support Centers funded by the Commonwealth. The center is a state leader, advocating for legislative policy on behalf of the people with autism; serving as

a powerful community resource with programs such as ALEC (Autism and Law Enforcement Education Coalition) and an administering the Autism Children's Waiver program. Our original program was based on a respite care model, providing staffing services, now delivered to the homes of thousands of individuals and their families. Our services have expanded to offering information and referrals, clinical services, skills training, brokerage services, crisis intervention, support groups and service navigation. Additionally, the program administers flexible funding and purchased goods and services for families such as adaptive equipment, specialized activities and emergencies.

These services are often the very first supports that a family receives after their child is diagnosed with a disability or when they move to our region. Based on our interactions with families, we've learned that family support from The Arc of South Norfolk can be a lifeline service

– helping families to remain together, ensuring a supportive home, and allowing working parents to continue with their jobs. We have provided these services in partnership and contract with the Department of Developmental Services (DDS) for over 30 years. These services are an essential part of our mission. We provide experienced professional staff to guide families with advocacy and advice for available services. Additionally, thanks to our generous donors, we are able to offer services and supports to many who come to our centers, especially those in immediate need, even if those services are not funded by the Commonwealth. This annual report lists individuals who have donated more than \$100 to support these services, we thank you!

Many of our services are provided at no cost to our individuals and families. Our focus is to broaden families' knowledge and access to services in the greater community. Outside the home, our children and adults benefit from competitive sports & healthy recreation programs, community social groups, school vacation week programs, community support social groups and Family Fun Days. When life becomes challenging and difficult, when families experience a crisis and need professional assistance, our staff also steps in to help. Thanks to the support of funding from DDS, from the 12 towns in our area and by many private donors, we can be there for many of the needs, including emergency needs of the people we support.

Thank you for your continued support of all of our programs.

A handwritten signature in black ink that reads "Dan Burke". The signature is fluid and cursive, with the first name "Dan" and last name "Burke" clearly distinguishable.

Dan Burke
CEO, The Arc of South Norfolk

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Social and Recreational Programs



Our Social & Recreation Program offers a variety of adult activities, with a focus on self-advocacy and community integration. We strive to provide meaningful social opportunities that promote an active lifestyle to our 399 individuals, ages 22 and over.

Our Club Self Advocacy



Our Club is a self-advocacy group dedicated to promoting the equality of individuals of all abilities. Our Club meets weekly at The Arc in Westwood, has elected members and provides service projects for charities within our community. This year, funds were raised by Our Club to create scholarships for other self-advocates to promote inclusion and healthy lifestyles within their communities. Scholarships come from the proceeds of Our Club's monthly community dances, Hip Hop Cafes.

William F. Abel Therapeutic Day Program



Our William F. Abel Therapeutic Day Habilitation Program supports adults age 22 and over focusing on health and well being at our Westwood and West Roxbury locations. A highly qualified, compassionate staff works with 133 participants who receive a wide array of services. Individual talents and abilities are encouraged through social and therapeutic activities.

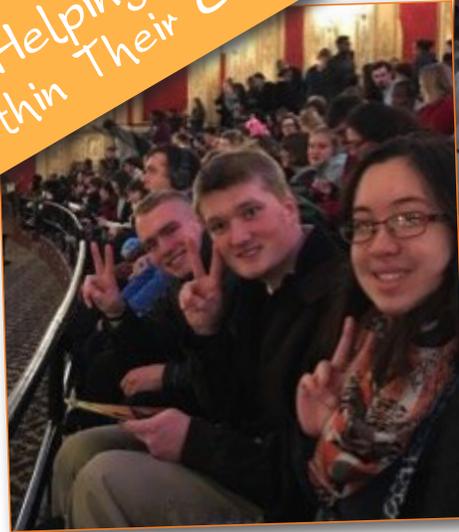
Connections Day Program



Connections is a progressive day habilitation program in our brand new West Roxbury location, designed for ages 22 and above. Our program focuses on engagement, encouraging rapport among participants and enhancing self-esteem, independence and motor skills. This year we provided services to individuals residing within 20 miles of our location. The program is tailored to fit individual needs and schedules with anywhere from a one to five day program.

Family Support Programs

Helping Families
Within Their Communities



Our Family Support Program provides guidance and care to the entire family through education, training, respite, support groups and access to private and public services. We are a contracted agency providing services for the DESE/DDS program aimed at providing an increased level of in-home and community-based supports to students. With our whole-family approach, 452 families have received support and utilized our services in FY 2019.

Adult Family Care



In collaboration with MassHealth, our Adult Family Care Program enables individuals with specialized care needs to remain at home with their families and actively engage their communities. We continue to grow, currently serving 31 families!

Family Autism Center



Founded in 1996, FAC is one of seven autism support centers contracted by DDS, currently serving 930 children & adults. We provide a variety of services and programs to meet their individual needs, as well as ensuring our supports extend to the participants' entire family. Our Center strives to establish community partnerships and collaborations that benefit everyone.

Autism Law Enforcement Education Coalition (ALEC) Program-trained over 45,000 First Responders

Specialized
Services



Through the Autism Law Enforcement Education Coalition Program we are fortunate to have been given the opportunity to train over 45,000 First Responders on Autism Spectrum Disorders throughout the US. Professionals in the field of First Response who have a loved one diagnosed with Autism present to their peers about "best practices" during a crisis involving a person with ASD. The program is currently delivering the training in five states. Autism Law Enforcement Education Coalition will expand further as it continues to receive national recognition.

THANK YOU to our generous donors making donations over \$100.
Your support makes a difference!

This list represents gifts received in Fiscal Year 2019, July 1, 2018 through June 30, 2019.

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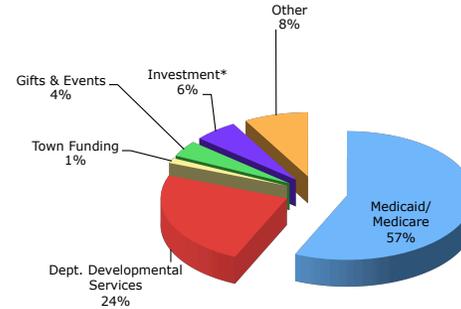


Fiscal Year 2019 Audited Financials

Revenues

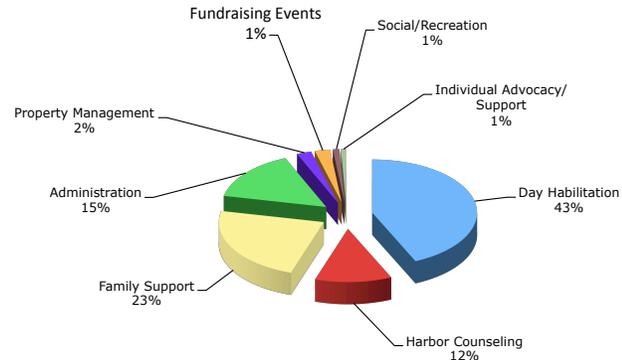
Medicaid/Medicare	\$4,404,931	56.73%
Dept. Developmental Services	\$1,868,255	24.06%
Town Funding	\$100,116	1.29%
Gifts & Events	\$314,094	4.05%
Investment*	\$437,144	5.63%
Other	\$640,072	8.24%
	\$7,764,612	100.00%

* excludes unrealized gains/losses



Expenses

Day Habilitation	\$3,422,309	43.23%
Harbor Counseling	\$937,733	11.85%
Family Support	\$1,843,068	23.28%
Administration	\$1,206,838	15.24%
Property Management	\$179,107	2.26%
Fundraising/Events	\$186,718	2.36%
Social/Recreation	\$80,840	1.02%
Individual Advocacy/Support	\$59,942	0.76%
	\$7,916,555	100.00%





Office Hours

Office Hours are Monday through Friday
9:00 a.m. to 5:00 p.m.

Contact Us

For additional information please contact:

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Fax: 781-461-5950

info@arcsouthnorfolk.org

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