



About Lifeworks

Lifeworks was founded by parents of children with developmental disabilities who had a vision of inclusion and civil justice over 70 years ago. Lifeworks continues to adhere to the same guiding principles today. As a leader in providing exceptional supports and diverse services, we encourage people with developmental and intellectual disabilities, including autism, to become more engaged in the life of their community and promote social inclusion and meaningful connections, while supporting the entire family.

Lifeworks serves more than 2,400 individuals with day habilitation programs, adult family care, shared living, autism and family support, counseling, social and recreation programs, as well as employment and training programs. Lifeworks is proud to provide residential and individual supports that includes 19 community-based residences throughout Norfolk County and the surrounding area.

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An Affiliated Chapter of



Your support will help us continue, expand, and create new beautification projects designed to enhance and bring joy to the individuals we serve and communities where they live.

Donations can be made online at <https://lifeworks.org/fbp/> or checks (made payable to Lifeworks) can be mailed to:

**Lifeworks
789 Clapboardtree Street
Westwood, MA 02090**

www.lifeworksarc.org



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FORSBERG BEAUTIFICATION PROGRAM

Transforming Outdoor Spaces

Forsberg Beautification Program

The Forsberg Beautification Program (FBP) was created in partnership with the Forsberg family and Lifeworks, Inc., a chapter of The Arc, in memory of Jane Forsberg. Jane served as an early President of our chapter of The Arc, and she dedicated years of service to the agency's Human Rights Committee. She was devoted to ensuring that the support and services we provide for people with disabilities are exceptional. Through that, Jane became a huge proponent of advocacy, community interaction, and cared how things looked, specifically the homes and buildings. With these three components in mind, the program was created with a desire to support and create a welcoming environment for all people that are served by Lifeworks.

A Note From the Forsberg Family:

Thank you for your continued support in helping us keep Jane's legacy going. She was a beloved wife, mother, in-law, grandmother, and friend to us all.



A Year in Review

Founded in 2019, the Forsberg Beautification Program provides essential funding for outdoor beautification projects, seasonal decorations, and creative craft activities at Lifeworks' nineteen community residences and our Westwood Day Habilitation Program.

Each year, the program supports gardening projects by planting vibrant flowers and vegetable gardens, while also enhancing outdoor spaces with decorative features such as gnomes, statues, planters, and seasonal displays. Thanks to the generosity of our supporters, most of our homes now feature raised garden beds, colorful planters, and outdoor swings, creating welcoming spaces where residents can relax, connect with nature, and enjoy the fresh air.

One of this year's highlights was the addition of new raised garden beds at our Westwood campus. In May, volunteers, staff, and individuals from the Westwood Day Habilitation Program and LES-Boston came together for a day of teamwork to prepare the gardens and plant vegetables and flowers. Today, those gardens continue to thrive through the ongoing care of staff, individuals, and a dedicated team from LES-Boston who visit weekly to water and maintain the plantings, demonstrating the power of collaboration, community pride, and shared accomplishment.

Throughout the year, our community residences are transformed with seasonal decorations, with the holiday season bringing an especially festive touch. Twinkling lights, wreaths, and cheerful decorations brighten each home, creating warm, welcoming environments that celebrate the spirit of the season. With your continued support, the Forsberg Beautification Program will continue transforming outdoor spaces, promoting wellness, and creating opportunities for meaningful engagement, community connections, and pride in the places our residents call home.

Jane's Daughter – Kathy Forsberg

Kathy has been an active participant in Lifeworks' (and its predecessor, The Arc of South Norfolk) programs since 1962. Kathy and her housemates directly benefit from the vegetable garden that she helped plant at her residence. She and her housemates tend to the garden, and enjoy meals prepared from the fresh vegetables.



Fundraising Objectives:

- Enhance the properties and residential homes with plantings for grounds, gardens, window boxes, etc.
- Create connections through inclusive opportunities for community volunteers.
- Generate new educational programs.
- Enhance program physical spaces.

